

Dr. Anthony Molina named an XPRIZE Healthspan Top 40 Awardee, Be a Symposium Sponsor, Our next Public Lecture

UC San Diego

**SAM AND ROSE STEIN INSTITUTE
FOR RESEARCH ON AGING**

Welcome to the UC San Diego Center for Healthy Aging and the Sam and Rose Stein Institute for Research on Aging e-newsletter!

Dr. Anthony Molina named an XPRIZE Healthspan Top 40 Awardee



Congratulations to Our Scientific Director, Dr. Anthony Molina – Named a Top 40 Awardee in the Prestigious XPRIZE Healthspan Global Competition!

We're proud to announce that a team led by Dr. Molina has been selected as one of the Top 40 semifinalists in the 7 year, \$101M XPRIZE Healthspan competition. This award enables competing teams to develop and test therapeutics that restore muscle, cognitive, and immune function to extend healthy longevity.

Good luck to all the teams as they embark upon seminal clinical trials to extend the human healthspan.

[Learn More Here](#)

Partner with Us for the 2025 Healthy Aging Symposium

BECOME A SYMPOSIUM SPONSOR

Join us as a valued sponsor of our premier annual event, bringing together experts, researchers, and community leaders committed to advancing healthy aging and resilience across the lifespan.

Sponsorship opportunities offer meaningful visibility, engagement with attendees, and recognition across our digital platforms.

- Showcase your commitment to innovation and longevity
- Connect with thought leaders and changemakers
- Highlight your organization to a diverse and engaged audience

Interested in partnering with us?
Contact us at dglorioso@health.ucsd.edu

September 25, 2025
UC San Diego Park & Market



UC San Diego
SAM AND ROSE STEIN INSTITUTE
FOR RESEARCH ON AGING

Support innovation in aging and showcase your organization's commitment to health and resilience in later life! We are now seeking sponsors for our 2025 Annual Healthy Aging Symposium, taking place this September at UC San Diego. This widely attended event brings together researchers, clinicians, students, and community leaders to explore the latest in aging science and care. Sponsorship offers valuable visibility and the opportunity to align with cutting-edge research and public engagement.

[Download Sponsorship PDF here](#)

Our Next Public Lecture

Wednesday, July 16th, 2025



Danielle Glorioso, LCSW
Executive Director

PUBLIC LECTURE

UC San Diego
Center for Healthy Aging
Stein Institute for
Research on Aging

"NAVIGATING GRIEF: WHAT THE SCIENCE OF RESILIENCE TEACHES ABOUT ADAPTATION TO LOSS"

Please join us for a lecture with UC San Diego Stein Institute Executive Director, Danielle Glorioso. Q & A to follow, moderated by Dr. Alison Moore.



4pm-5pm



Wed, July 16



Zoom

Danielle K. Glorioso is a Licensed Clinical Social Worker with extensive experience in aging, community health, and clinical research. Since joining UC San Diego in 2001, she has taken on a leadership role as the Executive Director of the Center for Healthy Aging and the Stein Institute for Research on Aging. In this capacity, Ms. Glorioso oversees a wide range of operations including strategic planning, organizational development, community outreach, training, philanthropy, communications, and marketing. She is also a certified therapist in prolonged grief disorder, specializing in manualized interventions. One of her major accomplishments includes leading the research and development of a licensed, evidence-based six-week program designed to enhance resilience, compassion, and self-compassion among older adults. This intervention, which has undergone nearly a decade of research, has been tested and validated in various community settings, including among older adults in group and individual settings. Through her work, Danielle has made significant contributions to improving the mental health and well-being of older adults.

[Register Here](#)

Our #AgingIsBeautifulEverywhere Campaign is on social media

Aging is *Beautiful*

Age beautifully,
wherever life takes you
#AgingIsBeautifulEverywhere

**Spotlight: Anthony Molina, PhD -
Representing Healthy Aging on the Global
Stage**

Championing healthy aging doesn't stop at home, to have global impact, it often requires travel around the world. Pictured here at the stunning Jewel at Changi Airport in Singapore, our Scientific Director takes a moment admire the sights and show off his "Aging is Beautiful" T-shirt.

With a packed international schedule, it's not always easy to slow down—but he makes it a priority. Taking even a few moments to engage with local culture, people, and surroundings is a vital reminder.

"No matter how busy the schedule, I make it a priority to slow down and make connections. These experiences keep me grounded—and remind me why this work matters."

Thank you, Dr. Molina, for reminding us that healthy aging means staying curious, connected, and fully engaged with the world around us.



Get your own "Aging is Beautiful" t-shirt for a \$35 donation - and share your **#AgingIsBeautifulEverywhere** photos with us!

please email healthyaging@ucsd.edu



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Know a Successful Ager?



At the Stein Institute for Research on Aging we like to highlight the stories and lives of successful agers in our community. Successful agers are those that continue to engage in activities that are meaningful and have found ways to adapt to challenges as they age. If you know of someone that you think we should spotlight please email Sasha Weiss at saweiss@health.ucsd.edu to nominate them!



Resilience, Compassion and Self-Compassion Program available for License

After nearly a decade of research led by our Executive Director, Danielle K. Glorioso, we are thrilled to announce that our Resilience Intervention is now officially licensed through UC San Diego and available for implementation in community settings. This evidence-based, six-session program is specifically designed to enhance resilience, compassion, and self-compassion in older adults. It has been studied in various community settings across the United States, as well as in England and Israel, with results showing improvements in resilience and self-compassion, along with reductions in perceived stress, depression, and loneliness.

For more information about our intervention, please contact Danielle K. Glorioso at dgloriosso@health.ucsd.edu



We Need Your Support!

When you give to the UC San Diego Center for Healthy Aging and the Stein Institute for Research on Aging, you're making the decision to support the pursuit of a healthier, longer life for you and your loved ones. Please make a gift to help sustain and expand our successful aging programs.

GIVE NOW



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