Healthy Longevity Symposium in one week!

Welcome to the UC San Diego Center for Healthy Aging and the Sam and Rose Stein Institute for Research on Aging e-newsletter!

Interested in being a sponsor for our upcoming Symposium??
Please email dglorioso@health.ucsd.edu for more information

Healthy Longevity Symposium is in one week!
We hope you can make it!

HEALTHY LONGEVITY
SYMPOSIUM OF THE UC SAN DIEGO CENTER FOR HEALTHY AGING

with keynote speakers
Laura Carstensen, PhD
Director, Stanford Center on Longevity

S. Jay Olshansky, PhD
Professor, University of Illinois at Chicago

and many panel discussions

📅 October 6, 2023  ⌚️ 9.30 am - 4.00 pm

話し合うこと

Healthy Aging, UC San Diego

https://app.constantcontact.com/pages/campaigns/view/list
A Detailed Agenda for our In-person Symposium on Friday, October 6th

HEALTHY LONGEVITY
SYMPOSIUM AGENDA

Date: October 6, 2023
Time: 9:30 a.m. - 4:00 p.m.
Location: Park and Market, UC San Diego

9:30 - 10:30 a.m. OPENING SESSION

Welcome
John M. Carethers, MD
Vice Chancellor, UC San Diego Health Sciences

Opening Remarks
Alison A. Moore, MD, MPH, FACP
Interim Director, UC San Diego Center for Healthy Aging

Healthy Longevity
Anthony J.A. Molina, PhD
Interim Scientific Director, UC San Diego Center for Healthy Aging

10:30 - 11:15 a.m. KEYNOTE LECTURE 1

Social and Societal Implications
S. Jay Olshansky, PhD
Professor, University of Illinois at Chicago

11:15 - 11:30 a.m. BREAK AND BOOTH VISIT

11:30 - 12:15 p.m. PANEL 1: DRIVERS OF HEALTHY LONGEVITY

Moderator:
Suzi Hong, PhD
Professor, UC San Diego Herbert Wertheim School of Public Health and Human Longevity Science

Panelists:
Cheryl Anderson, PhD, MPH
Professor and Dean, Hood Family Endowed Dean’s Chair in Public Health & Herbert Wertheim School of Public Health and Human Longevity Science

Andrea La Croix, PhD
Distinguished Professor of Epidemiology, UC San Diego Herbert Wertheim School of Public Health and Human Longevity Science

Nicolas Musi, MD
Vice Chair, Translational Research Cedars-Sinai, Medicine

12:15 - 1:00 p.m. BREAK - LUNCH BUFFET

Visit Sponsor Booths & Posters by UC San Diego Students, Trainees, and Junior Faculty
1:00 - 1:45 p.m.  
**KEYNOTE LECTURE 2**  
**The New Map of Life**  
Laura Carstensen, PhD  
Founding Director, Stanford Center on Longevity, Professor of Psychology, Stanford University

1:45 - 2:30 p.m.  
**PANEL 2: INTERVENTIONS FOR HEALTHY LONGEVITY**  
**Moderator:** Alison A. Moore, MD, MPH, FACP  
**Panelists:**  
Steve Cummings, MD  
Executive Director, San Francisco Coordinating Center, CPMC  
Research Institute Professor of Medicine, UC San Francisco  
Steve Hornberger, MSW  
Director of Social Policy Institute and Co-Director of the Center of Excellence in Aging & Longevity (CEAL), San Diego State University  
Judy Pa, PhD  
Co-Director, Alzheimer’s Disease Cooperative Study, Professor of Neurosciences, UC San Diego

2:30 - 3:00 p.m.  
**BREAK - SNACKS AND POSTER SESSION**  
Poster Presentations by UC San Diego Students, Trainees, and Junior Faculty

3:00 - 3:45 p.m.  
**PANEL 3: RESILIENCE AND AGING**  
**Moderator:** Lisa Eyler, PhD  
Professor of Psychiatry, UC San Diego  
**Panelists:**  
Colin Depp, PhD  
Director of Research Education and Training at the Clinical and Transitional Research Institute  
Professor of Psychiatry, UC San Diego  
Joe Garbanzos, MBA  
AARP - CA State President (volunteer)  
Irving Tragen, JD  
Community Member, Distinguished Diplomat, Author

3:45 - 4:00 p.m.  
**CLOSING SESSION**  
**Announce Poster Awards and Closing Remarks**  
Danielle Glorioso, LCSW  
Executive Director, UC San Diego Center for Healthy Aging

We hope you can attend!!

Please Register Here
Ageism Awareness Day on Saturday, October 7, 2023, is an opportunity to draw attention to the existence and impact of ageism in our society and how we can reframe aging in our communities.

More about Ageism Awareness Day

We Need Your Support!

When you give to the UC San Diego Center for Healthy Aging and the Stein Institute for Research on Aging, you're making the decision to support the pursuit of a healthier, longer life for you and your loved ones. Please make a gift to help sustain and expand our successful aging programs.

GIVE NOW
Visit our website

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