

**UCSD Medical Student
Summer Research
Symposium, March
Public Lecture**

UC San Diego

Center for Healthy Aging
Stein Institute for
Research on Aging

Welcome to the UC San Diego Center for Healthy Aging and the Sam and Rose Stein Institute for Research on Aging e-newsletter!

UCSD Medical Student Summer Research Symposium

At this year's Medical Student Summer Research Symposium on January 18th, a panel of faculty members selected the top three posters presentations for recognition based on scientific merit, clarity and overall presentation. Our 2023 Medical Student Training in Aging Research (MSTAR) students Pallavi Chandrasekhar and Ha Mieu Ho won First Place and Third Place, respectively. Congratulations to them both and to our MSTAR PIs Drs. Benjamin Han & Ellen Lee.



Pallavi Chandrasekhar was awarded first place in the School of Medicine's Summer Research Symposium poster contest.



Ha Mieu Ho was awarded third place in the School of Medicine's Summer Research Symposium poster contest.



Pallavi Chandrasekhar and MSTAR PIs Drs. Benjamin Han and Ellen Lee



Ha Mieu Ho and Dr. Ellen Lee

[More about the 2024 Research Summer Symposium](#)

Please join us for our next Public Lecture with Dr. Sarah Banks



NEXT PUBLIC LECTURE

Wed, March 13

4-5pm

with Sarah Banks, Ph.D.

"CAN WE AVOID COGNITIVE DECLINE WITH AGE?"

March 13, 2024

4-5pm

Please register below for Zoom link

About the speaker:

Dr. Sarah Banks is Associate Professor in Neurosciences and Psychiatry, and Director of the Neuropsychology Program of the UCSD Health Center for Brain Health and Memory Disorders. Her research focuses on Alzheimer's disease, with specific interest in sex differences and how to modify risk. She co-leads three labs: The Human Memory Lab emphasizes neuroimaging and multimodal characterization of Alzheimer's; The Women Inflammation and Tau Study dedicated to studying risk factors for Alzheimer's in women (<https://www.witsucsd.org>); and the Healthy Actions and Lifestyles to Avoid Dementia (HALT-AD) study works to educate and empower participants on avoiding cognitive decline with aging through modifiable factors such as sleep, diet and exercise. Her clinical program helps with the diagnosis and care of patients with suspected memory conditions. She is also active in teaching and mentoring clinicians and researchers.

Please Register Here



2024 Upcoming PUBLIC LECTURES



Wed, March 13

SARAH BANKS, PHD - ASSOCIATE DIRECTOR
“CAN WE AVOID COGNITIVE DECLINE WITH AGE?”

Wed, May 15

**MARIA ROSARIO (HAPPY) G. ARANETA
PHD, MPH - ASSOCIATE DIRECTOR**
TBA

Wed, July 24

COLIN DEPP, PHD - ASSOCIATE DIRECTOR
“SOCIAL CONNECTION AND HEALTHY AGING”

🕒 4-5pm

📍 Zoom



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When you give to the UC San Diego Center for Healthy Aging and the Stein Institute for Research on Aging, you're making the decision to support **the pursuit of a healthier, longer life for you and your loved ones**. Please **make a gift** to help sustain and expand our successful aging programs.

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