
Welcome to the UC San Diego Center for Healthy Aging and the Sam and Rose Stein Institute for Research on Aging e-newsletter!

Invest in a Future of Healthy Aging

Your Gift. Our Research. A Healthier Future for All.

We're back with the next issue of our *Invest in a Future of Healthy Aging* campaign, supporting the Stein Institute for Research on Aging at UC San Diego. This week, we're highlighting how we bridge science and community to advance healthy aging for all. From translating research into practical tools, to partnering with local organizations, caregivers, and older adults, our work ensures that discoveries move beyond the lab and into the hands of those who need them most. By connecting evidence-based science with real-world impact, we're building a healthier, more informed, and more resilient aging community.

BRIDGING SCIENCE AND COMMUNITY FOR HEALTHY AGING

CONNECT SCIENCE WITH REAL-WORLD IMPACT



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**The future of aging research
doesn't start in a lab—it starts in
our communities.**

San Diego Communities of Aging Network (SDCAN) brings researchers and older adults together, turning real-world experiences into actionable science for healthy aging.

Your support helps make this vital work possible:



- \$500 funds a community seminar focused on healthy aging
- \$2,500 supports outreach and translation materials to reach diverse populations

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UC San Diego
SAM AND ROSE STEIN INSTITUTE
FOR RESEARCH ON AGING

As part of a comprehensive strategic plan to broaden our impact, the Stein Institute launched the San Diego Communities of Aging Network (SDCAN), a deliberate effort to connect diverse communities with the researchers working to improve aging outcomes.

By fostering ongoing dialogue through seminars, forums, and partnerships, SDCAN ensures the voices of older adults from all walks of life inform our science. This inclusive approach helps us understand the full range of aging experiences and develop solutions that are relevant, practical, and accessible to everyone.

Community engagement is essential to reaching all older adults, breaking down barriers, and translating scientific discoveries into real-world improvements.

GIVE NOW



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