Successful Aging



Welcome to the summer training issue of the UC San Diego Center for Healthy Aging and the Sam and Rose Stein Institute for Research on Aging enewsletter!

2022 MSTAR Program



The 2022 UC San Diego Medical Student Training in Aging Research (MSTAR) Program is in full swing this summer, with 16 trainees working on aging research with UC San Diego faculty mentors.

Funded by the National Institute on Aging (NIA), this training grant has been offered at UC San Diego for over 25 years. Each summer medical students from UC San Diego and across the country receive a stipend to immerse in research with leading scientists in the field of aging. The program also aims to offer medical students a unique opportunity to gain clinical exposure to geriatrics and geriatric psychiatry. Thank you so much to our trainees, mentors, and speakers for making this program a success!

Announcing New MSTAR MPIs

It is with great pleasure that we announce new leadership for our MSTAR Program. Following the recent retirement of Dr. Dilip Jeste, Alison A. Moore, MD, MPH, FACP, AGSF, Professor and Chief of the Division of Geriatrics, Gerontology and Palliative Care, Interim Chair of the Stein Institute for Research on Aging and current co-Principal Investigator of MSTAR at UC San Diego, has agreed to serve as the program Principal Investigator. She will lead the program alongside co-Pls Ellen Lee, MD, Assistant Professor of Psychiatry and Chief of Geriatric Psychiatry at UC San Diego, and Benjamin Han, MD, MPH, Assistant Professor in the Division of Geriatrics, Gerontology, and Palliative Care in the Department of Medicine at UC San Diego.







Alison Moore, MD, MPH

Ellen Lee, MD

Benjamin Han, MD, MPH

This Summer's MSTAR Students and Mentors

Nicole Muehleisen, Anxiety and Driving Patterns in Older Adults: A LongRoad Study

Mentor: Dr. Linda Hill

Veronica Gandara, Pupillometry as an Early Risk Marker of Alzheimer's Disease

Mentor: Dr. Eric Granholm

Heejung (Julie) Kim, Pulse Pressure and Conversion to amnestic MCI and

Alzheimer's Disease Mentor: Dr. Guerry Peavy

Sarah Lagan, Decision Aid for Renal Therapy: A Pilot Trial

Mentor: Dr. Dena Rifkin

Dahlia Kaki, Perceptions on Dementia Risk and Access to Care Amongst Arab

Refugees in San Diego Mentor: Dr. Tala Al-Rousan

Mikayla Sonnleitner, Characteristics of Older Adults with Positive Neurocognitive

Screens in the Geriatric ED Mentor: Dr. Edward Castillo

Kelly Watanabe, Thoracic Aorta Calcification and Left Ventricular Structure and Function Relevant to Heart Failure: The Multi-Ethnic Study of Atherosclerosis

Mentor: Dr. Matthew Allison

Kerri Niino, Development of Loneliness and Social Isolation Following Spousal

Loss: A Systematic Review of Longitudinal Studies on Widowhood

Mentor: Dr. Dylan Jester and Dr. Brent Mausbach

Jesse Most, Investigating Macular Structure-function Relationships in Retinal and

Macular Disease

Mentor: Dr. Shyamanga Borooah

Uyen Nguyen, Non-contrast MRI Comparing Healthy Premenopausal and

Postmenopausal Ovarian Tissues Mentor: Dr. Rebecca Rakow-Penner

Bao Luu, Relationships between AD and Inflammatory Biomarkers in People Living

with HIV

Mentors: Dr. Erin Sundermann and Dr. David Moore

Cooper Haaland, A Method to Stratify Fragility Fractures to Identify High Risk Patients to Target Treatment and Decrease Patient Morbidity

Mentor: Dr. William Kent

Teini Elisara, Melanoma: Outcomes, Knowledge, Beliefs & Behaviors in the Native

Hawaiian/Pacific Islander Community

Mentors: Dr. Alison Moore and Dr. Charisse Orme

Sophie Dickinson Neurofibrillary Tangle Distribution in Posterior Cortical Atrophy versus Early-Onset Alzheimer's Disease

Mentors: Dr. Annie Hiniker

Ji Hyun Kang, Acute Inhibition of Lysine Deacetylates Does Not Impact the Force Generating Capacity or Fatigability of Mouse Skeletal Muscle

Varun Rachakonda, Topographic 3R/4R and 4R tau seeding activity in Progressive Supranuclear Palsy and Alzheimer's Disease

Mentor: Dr. Annie Hiniker



We Need Your Support!

When you give to the UC San Diego Center for Healthy Aging and the Stein Institute for Research on Aging, you're making the decision to support the pursuit of a healthier, longer life for you and your loved ones. Please make a gift to help sustain and expand our successful aging programs.

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