

## Pilot Awards Funding, March Public Lecture

UC San Diego

Center for Healthy Aging  
Stein Institute for  
Research on Aging

Welcome to the UC San Diego Center for Healthy Aging and the Sam and Rose Stein Institute for Research on Aging e-newsletter!

### Know a Successful Ager?



At the Stein Institute for Research on Aging we like to highlight the stories and lives of successful agers in our community. Successful agers are those that continue to engage in activities that are meaningful and have found ways to adapt to challenges as they age. If you know of someone that you think we should spotlight please email Sasha Weiss at [saweiss@health.ucsd.edu](mailto:saweiss@health.ucsd.edu) to nominate them!

## SDSU CEAL/RARN Pilot Awards Funding

The graphic features a large, stylized red arrow pointing to the right. On the left side of the arrow, there are two logos: the top one is a circular logo for the Center for Excellence in Aging & Longevity (CEAL) at SDSU, featuring a tree with roots and the text 'CENTER FOR EXCELLENCE IN AGING & LONGEVITY' and 'SDSU CEAL'; the bottom one is the logo for the San Diego State University Social Policy Institute, featuring a colorful starburst design and the text 'SAN DIEGO STATE UNIVERSITY SOCIAL POLICY INSTITUTE'. To the right of the arrow, the text 'SDSU CEAL/RARN Pilot Awards Funding' is written in large, bold, black and red letters. At the bottom right, the SDSU logo is followed by the text 'College of Health and Human Services'.

The Center for Excellence in Aging & Longevity (CEAL) is an initiative from

SDSU's [Social Policy Institute \(SPI\)](#) and [School of Social Work](#). CEAL engages, collaborates, and leverages opportunities to develop and disseminate innovative and evidence-based approaches. Recognizing the field of aging research is rapidly evolving, driven by demographic shifts and a growing understanding of the complexities surrounding aging populations, CEAL established the **Regional Aging Research Network (RARN)** composed of SDSU, UCSD, and community representatives.

Today, CEAL is proud to announce its inaugural call for **RARN Pilot Research Awards**. Up to 5 Pilot Research Awards will be funded through one-year competitive awards (up to \$10,000) to provide support for early stage projects that can lead to larger extramural funding.

The proposal submission deadline is **Friday, March 15th, 2024 @ 5:00 P.M. (PST)**. [Click here](#) for more information to understand eligibility and priority areas, and how to organize and submit your application.

RARN will be hosting a Q&A session via Zoom on Friday February 16th at 10 am. [Please register here](#).

[More about SDSU CEAL/RARN Pilot Award Funding](#)

## Please join us for our next Public Lecture with Dr. Sarah Banks



### NEXT PUBLIC LECTURE

Wed, March 13

4-5pm

with Sarah Banks, Ph.D.

UC San Diego

Center for Healthy Aging  
Stein Institute for  
Research on Aging



**"CAN WE AVOID  
COGNITIVE DECLINE WITH  
AGE?"**



**March 13, 2024  
4-5pm**

**Please register below for Zoom link**

**About the speaker:**

Dr. Sarah Banks is Associate Professor in Neurosciences and Psychiatry, and Director of the Neuropsychology Program of the UCSD Health Center for Brain Health and Memory Disorders. Her research focuses on Alzheimer's disease, with specific interest in sex differences and how to modify risk. She co-leads three labs: The Human Memory Lab emphasizes neuroimaging and multimodal characterization of Alzheimer's; The Women Inflammation and Tau Study dedicated to studying risk factors for Alzheimer's in women (<https://www.witsucsd.org>); and the Healthy Actions and Lifestyles to Avoid Dementia (HALT-AD) study works to educate and empower participants on avoiding cognitive decline with aging through modifiable factors such as sleep, diet and exercise. Her clinical program helps with the diagnosis and care of patients with suspected memory conditions. She is also active in teaching and mentoring clinicians and researchers.

[Please Register Here](#)

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# 2024 Upcoming PUBLIC LECTURES



Wed, March 13

**SARAH BANKS, PHD - ASSOCIATE DIRECTOR**  
“CAN WE AVOID COGNITIVE DECLINE WITH AGE?”

Wed, May 15

**MARIA ROSARIO (HAPPY) G. ARANETA PHD, MPH - ASSOCIATE DIRECTOR**  
TBA

Wed, July 24

**COLIN DEPP, PHD - ASSOCIATE DIRECTOR**  
“SOCIAL CONNECTION AND HEALTHY AGING”

🕒 4-5pm

📍 Zoom



## We Need Your Support!

When you give to the UC San Diego Center for Healthy Aging and the Stein Institute for Research on Aging, you're making the decision to support **the pursuit of a healthier, longer life for you and your loved ones**. Please **make a gift** to help sustain and expand our successful aging programs.

[GIVE NOW](#)



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